

Name \_\_\_\_\_

Due Date \_\_\_\_\_

### My Mercy Experiences

I will choose ONE activity and I will complete the marked activity. (I may do more activities if I choose to)

**I will turn in this sheet with my parent's signature on it and at least one Mercy Experience completed and checked off.**

#### Corporal Works of Mercy

##### Feed the Hungry

- \_\_\_\_\_ 1. Volunteer for a food pantry, soup kitchen, or other organization that feeds the hungry
- \_\_\_\_\_ 2. Learn more about world hunger by reading a book, watching a documentary, or going on-line.
- \_\_\_\_\_ 3. Avoid wasting food as you eat your meals.
- \_\_\_\_\_ 4. Someone has given you food if you were in need.
- \_\_\_\_\_ 5. \_\_\_\_\_

##### Shelter the Homeless

- \_\_\_\_\_ 1. Help your neighbor take care of their yard.
- \_\_\_\_\_ 2. Help your neighbor do repairs to their home.
- \_\_\_\_\_ 3. Volunteer at a homeless shelter or Room in the Inn.
- \_\_\_\_\_ 4. Donate items/food to a homeless shelter or room in the Inn.
- \_\_\_\_\_ 5. A friend or relative of your family has helped out at your house or in your yard.
- \_\_\_\_\_ 6. \_\_\_\_\_

##### Clothe the Naked

- \_\_\_\_\_ 1. Go through your drawers and closets at home and find good-condition clothes and shoes to donate.
- \_\_\_\_\_ 2. Participate in programs that provide towels and linens for hospitals in distressed areas.
- \_\_\_\_\_ 3. Organize a clothing/coat/shoe drive.
- \_\_\_\_\_ 4. Someone has given you clothing that they no longer fit into.
- \_\_\_\_\_ 5. \_\_\_\_\_

##### Visit the Sick

- \_\_\_\_\_ 1. Spend some quality time with someone that is sick or elderly and homebound.
- \_\_\_\_\_ 2. Take time to call, send a card, or send an email to someone who is sick.
- \_\_\_\_\_ 3. Help someone who may be a caregiver for their family member.
- \_\_\_\_\_ 4. Cook and deliver a meal to someone who is sick or homebound.

\_\_\_\_\_ 5. Someone has given you a card, gift, phone call, etc. when you were sick.

\_\_\_\_\_ 6. \_\_\_\_\_

#### Visit the Imprisoned

\_\_\_\_\_ 1. Support ministries to those who are in prison.

\_\_\_\_\_ 2. Pray for the families of inmates.

\_\_\_\_\_ 3. \_\_\_\_\_

#### Give to the Poor

\_\_\_\_\_ 1. Throw your coin change in a jar and once in a while donate to a charity,

\_\_\_\_\_ 2. Someone has given you change if you ever forgot money for lunch, milk, etc.

\_\_\_\_\_ 3. \_\_\_\_\_

#### Bury the Dead

\_\_\_\_\_ 1. Offer prayers for those who are terminally ill or have died.

\_\_\_\_\_ 2. Send a card to a family who has lost a loved one.

\_\_\_\_\_ 3. When you have lost a relative someone has reached out to your family with meals, cards, etc.

\_\_\_\_\_ 4. \_\_\_\_\_

#### Spiritual Works of Mercy

\_\_\_\_\_ 1. Will advise or counsel someone in need of help.

\_\_\_\_\_ 2. Will teach something to someone.

\_\_\_\_\_ 3. Will be a positive influence in someone's life.

\_\_\_\_\_ 4. Will offer words of encouragement to someone who is down or lonely.

\_\_\_\_\_ 5. Will pray for someone who has wronged you and forgive them.

\_\_\_\_\_ 6. Will give someone the benefit of the doubt and pray for that person who has wronged you.

\_\_\_\_\_ 7. \_\_\_\_\_

**I have witnessed and/or discussed my child's Mercy Experience with them.**

**Parent Signature** \_\_\_\_\_